

THE PULSE

A quarterly update on the heartbeat of nursing.



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Winter Issue
February 2021





Thank you
Nurses

A LETTER FROM THE PRESIDENT



*Deborah Schultz, LPN II
NALPN President*

To close the year 2020, I wish to say “Thank You” to all the LPN’s/ LVN’s who made a difference in the lives of those clients you cared for. Many of whom now know the importance LPN’s/LVN’s make to the medical field because of that care you each provided. The team of doctors, nurses, and other healthcare providers have also been impacted by each of you as you all became a very important professional team working as one. I personally know many of you who have sacrificed time away from family as well as your own personal health, to be part of a team fighting this pandemic. Your love and compassion for humans makes you the best that you each are today.

Turning the page to 2021 ahead, it is my prayer each of you excel in the goals you’ve set aside this past year. The National Association of Licensed Practical Nurses Board is here to assist you, help educate you, and to do all we can to aide in the needs of LPN’s/LVN’s across the nation. Our theme this year; “LPN’s/LVN’s EMPOWERED TO SUCCEED” because we love our profession, we want you to succeed in all you do, and NALPN supports and loves you!

I hope to see all LPN’s, LVN’s, students, educators, members, military, etc at our 71st NALPN Annual Conference, October 18, 19, and 20, 2021 at the IP Casino, Biloxi, MS.

Your NALPN President,
Deborah Schultz

CALENDAR OF EVENTS

- 1/15 The Pulse, an NALPN publication, distributed to members
- 1/17 Board of Directors Conference call 6pm CST
- 3/7 Board of Directors Conference call 6pm CST
- 4/1 Articles* due for The Pulse, an NALPN publication
- 4/11-13 In-person Meeting (IP Casino Biloxi, MS)
- 4/15 The Pulse, an NALPN publication, distributed to members
- 6/1-30 EARLY BIRD Registration to the NALPN 71st Annual Conference
“LPNs/LVNs EMPOWERED TO SUCCEED”
- 6/6 Board of Directors Conference call 6pm CST
- 7/1 Articles* due for The Pulse, an NALPN publication
- 7/15. The Pulse, an NALPN publication, distributed to members
- 7/18 Board of Directors Conference call 6pm CST
- 8/29 Board of Directors Conference call 6pm CST
- 9/26 Board of Directors Conference call 6pm CST
- 10/17-20 NALPN 71st Annual Conference “LPNs/LVNs EMPOWERED TO SUCCEED”
(IP Casino Resort Biloxi, MS. Special Room Rates \$79 plus tax/night)
- 10/25 Articles* due for The Pulse, an NALPN publication
- 10/ 31 The Pulse, an NALPN publication, distributed to members

Send articles for The Pulse to our national office at nalpnoffice@gmail.com

NALPN is the official professional organization for LPNs/LVNs and is focused on bringing CEUs, certifications, information in healthcare, and legislation to our membership.

WE ARE HERE FOR YOU.

There are over 1.2 million LPNs/LVNs across the United States. Together, we can make a difference in healthcare. We encourage EVERY LPN/LVN to join this great organization, which has been working for you since 1949.



BOARD OF DIRECTORS

NALPN is proud to announce their board of directors:

- President Deborah Schultz, Mississippi
- Vice President JoAnn Shaw, Wisconsin
- Secretary DaShauna Taylor, North Carolina
- Treasurer Shawanda McQuarter
- Director Tina Johnson, Mississippi
- Director Muriel Lightbourn, Bahamas
- Director LeKathryn Gipson, Mississippi
- Director Sandra Culpepper, Mississippi

NALPN IS EMBRACING CHANGES

The National Association of Licensed Practical and Licensed Vocational Nurses, INC. (NALPN) has been going through many changes during the past year. Your NALPN Board of Directors has been working hard to bring LPNs/LVNs across the nation opportunities in education and continuing education, employment, involvement with national legislation, and a platform to network.

NALPN has hired a new management company,
Kalista Consulting LLC, to
assist in the daily operations of NALPN.
New contact information is as follows:

Address: NALPN P.O. Box 1895

Manitowoc, WI. 54221

Phone: Number: (920)663-8450

Email: nalpnoffice@gmail.com

Contact persons: Luke or Jennifer Kalista

Website: www.nalpn.org is under construction and will be available soon!

You will be able to send messages to the NALPN office via the website to
obtain a membership application for NEW members and renewals.

Contact us for these directly at nalpnoffice@gmail.com

Please remit any changes to personal information, addresses, and email
directly to the national office at
nalpnoffice@gmail.com

VICE PRESIDENT'S REPORT



It is with great pleasure that I am able to share some exciting news! The NALPN 71st Annual Conference

“LPNs/LVNs EMPOWERED TO SUCCEED” will be held October 17 through October 20, 2021 at the IP Casino Resort in Biloxi, Mississippi. We are working on finalizing the agenda and registration, and ALL NALPN members will be receiving this information soon. Mark your calendars NOW!!!

The NALPN Board of Directors looks forward to seeing you all at this event. There will be an Early Bird SPECIAL at a reduced rate, June 1, through June 30, 2021. I encourage you to register during this time to take advantage of this reduction in cost.

Sincerely,
JoAnn Shaw, NALPN Vice President,
NALPN Conference Chairperson
4510 Andrea Court
Manitowoc, WI. 54220
(920)901-0988
czekala2118@gmail.com



**NALPN is proud to announce
NEW 2020 Chapter States
Congratulations
to each of these Presidents!**

- Bahamas: Muriel Lightbourn President**
- California: Lisa Collins President**
- New York: Renee Likong President**
- North Carolina: Lisa Johnson President**
- Pennsylvania: Blosscenia Avent President**
- Virginia: Alacia Rene Hightower President**



NEWS FROM NEW YORK

Greetings fellow nurses!

1949 was the beginning of greatness. The NALPN was developed to provide a structure at the national level, through which LPNs and LVNs could speak for themselves and promote better patient care.

In 2019, five nurses decided to put NY back on the map and continue to work diligently by educating, engaging in community service and uplifting our profession. The NY Chapter of the NALPN was founded.

As 2019 came to a close, NYALPN was recognized as a sponsor for WNY's first Nurses Night Out. It was a huge success, as well as informational for those that knew nothing of the NALPN.

In 2020, the nurses collaborated with Lambda Psi Nu (first sorority for LPNs) to give back to the community. NYALPN provided an ice cream social for the residents of Humboldt House in Buffalo, NY. COVID guidelines led to a cancelled Heart Health Fair, but the nurses were not deterred and used social media to educate the community and fellow nurses. Nurses and CNAs were recognized during Nurses week with Surprise gift bags, all while maintaining social distancing. All of the nurses are gainfully employed, work on the front lines in COVID facilities and continue to keep NY on track as one of many states that represent the voice of nursing.

The NY officers have lost family to COVID, and been subjected to Quarantine due to being COVID positive themselves. As Governor Cuomo began to open the state during the fall, the nurses engaged in Suicide Prevention walks, Breast Cancer Awareness Advocacy and provided Thanksgiving Dinner for close to 200 staff and residents. As the winter season approached, NY faced a second potential shutdown. The nurses recognized that residents have been shut in since March, many with no outside communication. The Village Penpal was developed as a means for the community to donate Christmas gifts and form pen pals to relieve the stress of isolation.

At present, the officers; Renee Likong, Daria Harris, Patricia Rangel, Shelly Robinson, Nakiah Dillon and Fred Echols are preparing for NY's first conference in 2022.

Renee Likong

NEWS FROM WISCONSIN

The Wisconsin Association of Licensed Practical Nurses (WALPN), is proud to announce their Board of Directors: President JoAnn Shaw, Vice President Marcie Nytes, Secretary Sue Gillett, Treasurer Carolyn Kaiser, Director Mary Jo Brixius, and Director Debra Blahnik. Each member of the Board works to bring the most updated legislative information and healthcare education to more than 10,000 LPNs in the state of Wisconsin. WALPN will hold their 70th Annual Conference, "W.A.L.P.N. CELEBRATES 70 YEARS", September 26-27th at the Wintergreen/Clarion Hotel in Wisconsin Dells, WI. Special room rates apply to any attendee, \$62 plus tax/night. The agenda will include CEUs in LPN Scope of Practical/Delegation, Cutting Edge Updates: Pressure Mapping & Amp, Dementia Care, Wound Care: Dressing a Wound to Make it Look Good, and Mental Health: How Do We handle Stress? How Do WE Make Choices? Relate to Others?

The event begins on Sunday evening, September 26th with a meet and greet in the hotel lounge where attendees can check-in for the conference meet the board of directors, network with other professionals, and enjoy refreshments provided by WALPN. It continues on Monday, September 27th at 7:45am for check-in, a visit with vendors, shopping, and raffles. Presentations begin at 8:15am. Full registration and agenda will be posted to the WALPN website in February and can be found at www.walpn.org. The WALPN Board of Directors works hard for ALL LPNs of Wisconsin and encourages every LPN to join their professional organization, the National Association of Licensed Practical/Licensed Vocational Nurses, INC. You can join online by visiting the NALPN website www.nalpnoffice.org. When you join NALPN you are automatically a member of WALPN, at no extra cost.

Sincerely,

JoAnn Shaw LPN,
WALPN President

(920)901-0988

czekala2118@gmail.com



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and the Health Sciences**

Wednesday

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3:00 PM - 4:00 PM

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EXCELSIOR.EDU/PARTNERS

Learn how you can advertise
with NALPN to reach nurses
nationwide. Contact
nalpnoffice@gmail.com for
more information.

**LET US KNOW WHAT IS
HAPPENING IN YOUR
STATE CHAPTER!**

Remit articles, photos, and
presidential updates to
nalpnoffice@gmail.com
See our annual calendar for
submission deadlines!

